

Naseby Parish Council meet on the first Thursday of each month (excluding January and August). Until further notice, all meetings are being held via Zoom. Please check the monthly meeting agendas on the Parish Council website for the login details. Everyone is welcome to attend these online meetings and all agendas and minutes can be accessed via www.naseby.org, including the parish notice board located on School Lane.

CONTACT US:

Josie Flavell

Clerk to Naseby Parish Council

E: clerk.nasebypc@outlook.com

T: 07471 134 931

Naseby News is our very own village newsletter paid for by Naseby Parish Council. All contributions of interesting village news, are gratefully received and thank you to those who provided articles for this edition.

It costs as little as £7.50 to advertise your business. All funds received from advertising will go towards printing costs.

Contact Josie Flavell, Parish Clerk, for more details

tel: **07471 134931** or email:

clerk.nasebypc@outlook.com

MEMBERS OF NASEBY PC

Paul Reedman
Chairman
Street Lighting

Steve Howat
Vice Chairman
Highways Rep.

Lyn Dyett
Defibrillator
Village Hall Rep.

Racheal Johnston
Neighbourhood Watch
Police Liaison Officer

Stephen Davies
Speed Signs
Play Area

Carmen di Trana
TBC

David Hall
TBC

Josie Flavell
Clerk/RFO
Newsletter
Welcome Booklet

A big **THANK YOU** goes out to **Sarah Farrell** and her helpers for delivering 'Naseby News'. If you are able to help our volunteer delivery team please contact the Parish Clerk.

DECEMBER 2020



WHAT'S INSIDE:

- Parish Council Meeting Dates
- Parish Councillor Vacancy
- St Mary the Virgin Church, Welford
- All Saints Church, Naseby
- 59/60 Bus Service Update
- Age UK
- Naseby W.I.
- Naseby Village Hall – Sport for All
- Christmas Crossword
- Fix My Street
- Royal British Legion Poppy Co-ordinator
- Good Neighbours Scheme



HEADLINE

Well, what a year we have had! Who would have thought we would be counting down to Christmas 2020 already! We do so hope this issue finds you all well and that as hard as this year has been and with a future that still remains uncertain, we can shed a little joy and throw some light in your direction for the festive season.

The Parish Council would like to sincerely thank the Good Neighbours team who have worked so hard to help members of our community during these unprecedented times, and all the other volunteers around the village who have helped in so many ways. Your help, support and kind words have comforted many and we have no doubt has been warmly welcomed.

We would also like to give huge thanks to Sarah Farrell and her team of helpers, who without them over the years, the Parish Council would have been unable to deliver this newsletter. Sarah will be stepping down from her role after this issue and we cannot thank you enough!

Lastly, we wish you all a very Merry Christmas and a Happy New year!

PARISH COUNCIL ZOOM MEETINGS

Throughout the lockdown, Parish Councils have been encouraged to continue their business but to hold virtual meetings.

Naseby Parish Council has successfully managed to hold all its meetings using Zoom, with agendas and minutes being posted both on the council's website and on the Parish Council notice board in School Lane.

The meeting agenda now contains the login details for the specific meeting and if you wish to sit in at a virtual meeting, you will need to download the Zoom app or visit their website, to be able to do so.

Please see below for the list of future meetings.

- No meeting in January
- Thursday 4th February 2021 at 7pm
- Thursday 4th March 2021 at 7pm
- Thursday 1st April 2021 at 7pm



ST MARY THE VIRGIN CHURCH, WELFORD

As I write this article I'm aware that the nation is experiencing a second lockdown which we were hoping to avoid. Inevitably this will cause some apprehension and anxiety within our communities. This year has been one where so much has changed, as a nation we have experienced great loss and hardship, yet there has been real hope and light as we have grown closer together, supported one another, and reconnected with family and friends.

As we approach Advent and look forward to celebrating Christ's birth at Christmas, I am reminded of the uncertainty and hardship that Mary and Joseph experienced much as we are now. I am thankful for the hope that the Christ child brought and continues to bring to a world that is weary and hurting. It was the Angels that heralded Christ's coming into the world and gave that message of comfort and joy to Mary, Joseph and the Shepherds. As a Church serving Naseby, we would love to continue to spread this message of comfort and joy to all.

We have put together three activities that we would love your help with to spread a little comfort and Joy. Throughout advent, we are asking that you display an Angel of Comfort and Joy in your window to show your support, love and prayers for those around you. If you do not want to create your own angel you can download one from our website www.nasebygroup.org.

Secondly, you will notice a frame of the 'Christmas Stable' appear in the Church Yard at Naseby (we'll also be doing this in Clipston & Welford). The stable will include a nativity scene window that will change daily and we would love you to create some of these to be displayed in All Saints Church Yard. The artwork should be on 4 x A4 sheets arranged in a rectangle and landscape format. For further information including deadlines please see our website www.nasebygroup.org.

Finally, would you be able to paint some advent stones? We need Mary & Joseph, Baby Jesus, Angels, Shepherds, Sheep, and the Three Kings. Once painted we would encourage you to place them around the village for others to find as a bit of fun. If you find one bring it along to the churchyard and place it where the rest of the stones are gathering.

Our hope is that you find some comfort and joy in these activities. I join in the prayer of the Archbishops of Canterbury and York and pray that through this Christmas season you will know that Jesus journeys with you. May you know God's comfort and, in whatever your circumstances, be surprised by God's joy.

*With every blessing,
The Rev. Kris Sewar*



SPORTS 4 ALL AGES & ALL ABILITIES @ NASEBY VILLAGE HALL

Are you or members of your family interested in participating in any of the following sports:-

FOOTBALL (5 or 7-a-side) HOCKEY TENNIS (incl mini-tennis)
~
WALKING FOOTBALL (SENIORS) TABLE TENNIS BADMINTON
~
NETBALL VOLLEYBALL BASKETBALL SOFTBALL

Never thought about it? Would love to give it a try, but perhaps just never got round to it.

Well, never say never. **NOW IS THE TIME** to see what is available on your doorstep.

NASEBY VILLAGE HALL is situated on the edge of the village and is a hugely versatile facility. It can hold the above mentioned sporting activities within its large accommodating main hall and outdoor all weather (sand carpet) Multi-Sports court.

There are many reasons why we put off doing things for ourselves, with sport its generally the lack of opportunities, access to facilities, no playing partner or appropriate group or team to play within.

As the newly appointed Sports Co-Ordinator for our local community sports-hub, I have been tasked to establish the present level of interest for individuals/families to come together and share in the many benefits of playing a particular sport.

Welford Hockey Club have a mixed junior group practice session on the sports court every Sunday, which was stopped due to lockdown, but will start up again when restrictions are lifted.

Pilates sessions with Lorraine are currently held via Zoom, but will hopefully return to the village hall in the New Year, again depending on government guidelines.

The vaccine is coming and we are hopeful for some outdoor sporting activities to be permitted soon. So depending on the feedback, demand and enthusiasm from you, the local residents, we hope to be announcing an **OPEN DAY - SPORT 4 ALL @ NASEBY VILLAGE HALL.**

Timed booking reservations may be required, when you will be able to come and see for yourself exactly what your local Village Hall has to offer. I'm sure you'll be pleasantly surprised.

Whatever your interest just give me a ring, **contact Patrick on 07726 789937** or email: nasebyvillagehall@gmail.com .

Sport is not just for elite or proficient players, it's great fun for all ages to learn, sharing your experiences with others and simply enjoying together at any level.

Having fun playing sport is healthy, both physically and mentally - what's not to like?



FIX MY STREET

Northamptonshire County Council are the Highway Authority and as such are responsible for the maintenance of public highways and footways. Street lighting is a Parish Council responsibility in Naseby.

If you see a highway fault, a pothole, a broken manhole cover, flooding on the road, blocked gulley, damaged road sign, damaged kerb or many other things, you can report it to Northamptonshire County Council yourself using Fix My Street Northamptonshire. This has replaced their original reporting system called Street Doctor Northamptonshire

It is easier to use than Street Doctor and allows photos to be attached. You can also check if anyone else has already reported the fault before you proceed.

You can opt for your name not to be publicly attached to the report but do need to provide an email address. Acknowledgement and feedback on your report is via your given email address and includes a location plan and details for the reported fault.

The initial acknowledgement is fairly fast and in due course a response should be received even though it annoyingly may be something like "thanks for the report but following inspection the fault does not meet the standards for repair but we will monitor it".

You do not have to report faults via the Parish Council but of course you can do so, if you wish to.

<https://fixmystreet.northamptonshire.gov.uk>



59/60 BUS SERVICE UPDATE

The service providing a shopping bus to Market Harborough on Tuesdays and Fridays and to Northampton on Mondays, Wednesdays and Thursdays, is secure until the end of March 2021.

Currently the OVO buses are carrying fewer passengers than normal due to COVID 19 but at some point this will hopefully change.

Preliminary discussions concerning what happens beyond March have commenced but are complicated by the restructuring of the County Council into West and North Northamptonshire Councils which both commence operating from the 1st April 2021.

For the past 3 years parishes along the 59/60 routes have contributed around £15,000 per year towards the overall cost with the balance being paid by either Daventry, the County Council or via Government grant funding.

It is unlikely that a decision on the bus service continuation will be known until the end of March.



AGE UK – DECEMBER 2020

Well, unfortunately we are still in the grip of these strange times, which means that I am not able to visit at the moment. However, we can still talk on the phone, or by email.

I do know that some of you are struggling with loneliness and isolation, so please talk to me, I could listen or have a chat. We have a great team of Volunteers with our “Good Neighbours” group, and I could arrange for someone to call you on a regular basis. We live in such a lovely, friendly village and want to offer as much support as we can.

Our Volunteers can help with shopping, garden jobs etc, and befriending. I can also supply books, jigsaw puzzles or magazines; I am happy to receive any of these items for circulation too.

You probably know that I have some mobility aids too, so if your needs change and your mobility becomes an issue, again, please pick up the phone.

I would like to wish everyone a Merry Christmas and a Happy New Year, Let us hope that we can get together again soon

Liz Capell 740568

lizziecapell@hotmail.co.uk



SAXON SPIRES PATIENT PARTICIPATION GROUP



Saxon Spires Virtual Carers Drop-In

The SSPPG is working with the Practice and Northamptonshire Carers to offer a Virtual Carers Drop-In session on Zoom, each month. The past few months have been especially difficult for carers. If you look after someone you are welcome to join the meeting. They will be held on the first and third Tuesday each month 1.30pm - 2.30pm. To join the meeting call: Northamptonshire Carers on 01933 677837 or 01933 677907 for log-in details.

SSPPG Meetings

The bimonthly SSPPG Meetings are now being held on Zoom. If you are interested in supporting the work of the Practice and would like to join the group, please contact the Secretary

For more information about the SSPPG contact the Secretary, Barbara Hogg on 01604 880552 or email hoggbc66@gmail.com There is more information about our meetings and events, on the Saxon Spires website.

ROYAL BRITISH LEGION POPPY APPEAL CO-ORDINATOR

Paul Jervis has taken on the role of Royal British Legion Co-Ordinator for the village from Pauline Vann and successfully organised this year's poppy donations. The amount raised was £528.27.

Many thanks to Pauline who carried out the co-ordination role for many years.

The village wreath supplied to the Parish Council via Paul was laid at the war memorial in advance of Remembrance Sunday, without members of the public being present. A video recording of wreath laying at all 7 of the Naseby group of churches was made by Curate Kris Seward and Reverend Canon Miranda Hayes and was put online.



NASEBY W.I.



Naseby W.I. would like to wish everyone a Merry Christmas and a Happy New Year!

As this year has been such a strange one, there is not much going on for anyone at the moment. However we are doing our best to support our Members, by keeping in touch.

We have recently awarded 4 of our Members a Certificate for being in W.I. for 25 years, and one for being a Member for 50 years. That is staying power for you.!

Also, despite the Lockdown situation we have managed to recruit several new Members.

Let's hope that next year brings us all back together again, there is lots to look forward to when we get the chance.

Liz Capell
Secretary - Naseby WI



ALL SAINTS CHURCH

Dear Naseby residents and friends,

Inevitably, Christmas is going to be very different this year, and we are unlikely to be able to meet with friends and family in the way that we might want. However, the message of Christmas is unchanged: a baby was born that we might know of God's unfailing love for us.

That baby was born to an unmarried mother, in a strange town, far from her family, and in a shelter meant for livestock. Clearly, life was not running smoothly for Mary and Joseph, challenges abounded, and it must have been a fearful and uncomfortable time, a time of doubt and uncertainty as to what lay ahead. But in that strange town, help was found; we can be fairly confident that there were experienced women attending to Mary as she gave birth, and to the baby Jesus. There would have been a readiness to step forward and help this young girl through her first birth, a readiness to meet and embrace her needs - and those of the new life that was coming into the world.

Over the last few months, we have known fear and discomfort, separation from loved ones, and those to whom we might look for help and support. But we, too, have experienced the kindness and compassion of those around us in ways that may have been unexpected, even surprising.

That sense of individual commitment to our villages, to caring for our neighbour, has come wonderfully to the fore in recent months. In the midst of isolation many of us have found compassion and fellowship, and a renewed sense of unity and purpose.

So, yes, Christmas will be different but it is my hope that it will be a time when we truly celebrate the love and light that came down on that first Christmas, so many years ago, in the midst of darkness and doubt.

One thing that we can all share in, though, is Doorstep Carols. This is taking place across the country on 16th December, 6-7pm. BBC Radio Northampton will be broadcasting the carols and we are all invited to take part and sing along. Carol sheets are available from doorstepcarols.co.uk, or from me. It should be a great communal event, and something we can all share in.

Services in church are obviously dependent upon Government regulations allowing them to take place, but we plan to have a 9.30am Christmas Day service in All Saints' Naseby. If worship in church is not permitted we will have a 10am virtual worship service via Zoom, using our usual meeting ID: 697 715 534. If you have any queries, do get in touch.



With every blessing on you all, and may you experience the light and love of Christ this Christmas tide.

Miranda
The Revd Canon Miranda Hayes, Rector

The Naseby Group of Parishes: Clipston, Haselbech, Kelmarsh, Marston Trussell, Naseby, Sibbertoft and Welford



YOUR COMMUNITY NEEDS YOU!

Parish Councillor Vacancy

Naseby Parish Council currently has a vacancy for a member of the public to become a Parish Councillor

If you feel you would like to get involved in making decisions about your local community, local issues and make a significant contribution to the area in which you live or work, then this is the position for you!



Do you have an interest in your local community, environment, transport, amenities, planning and housing issues, community events, anti-social behaviour and policing, as well as your local government finances and want to make a difference then please apply!



- You must be aged 18 years and over, eligible to vote and have lived or worked in the parish of Naseby for 12 months or more, or within 3 miles of the parish boundary.
- Any elector can identify a potential councillor and nominate candidates for election and have the right to elect a councillor who represents their interests.
- Unless ten electors of the Parish give written notice to the Proper Officer of Daventry District Council (*Elections Section, Daventry District Council, Lodge Road, Daventry, NN11 4FP*), requesting an election to fill this vacancy, the Parish Council will fill the vacancy by co-option.

Please apply in writing to **Josie Flavell, Clerk to Naseby Parish Council**

Naseby Parish Council
36 Kingstyle Close
Crick, NN6 7ST

Email: clerk.nasebypc@outlook.com / **Tel:** 07471 134931



NASEBY POP-UP GOOD NEIGHBOURS SCHEME

At the beginning of the Coronavirus Lockdown, a small group of people got together to look at how we could help support the Residents of the village, and our own Good Neighbours scheme popped up!

A Food Bank at Naseby HQ was also set up. The Parish Council supported both initiatives and sent leaflets to every household.

Incredibly lots of people immediately volunteered their services to help shop, collect prescriptions, walk dogs, and offering general support. There was quickly a very long list of lovely volunteers, and we want to thank you all, (you know who you are!).

It was heart-warming that so many of you came forward, it meant such a lot to all those isolating and shielding to know that they had your support. I know there were also lots of other people supporting their neighbours too.

However, we are not out of the woods with this pesky virus yet, so we may still need to call upon some of you to help, and we would like this scheme to continue on an informal basis. If you are not able to stay on the list, please let me or Penny Nicholson know (743184).

If you are not currently on our data base, and would like to volunteer your help should the need arise please email Penny Nicholson on penny.nasebypc@gmail.com

Even if you weren't called upon, we are extremely grateful for your kind offers.

Thank you on behalf of the Naseby Residents.

Liz Capell 740568

Good health is not merely the absence of disease, it is complete physical, mental and emotional Wellbeing.

If the events of 2020 have left you with feelings of fear, uncertainty, loneliness, despondency, intolerance or apathy, these feelings may cause a negative impact on your emotional and physical health like many, may be finding it difficult to feel positive about anything going forward.

Of the various holistic therapies I can offer, that are all gentle, non-invasive, safe and nurturing, two spring to mind that do not necessitate close contact and can be administered during lockdown periods: Reiki, an ancient form of healing practiced for thousands of years, and **Bach Flower Remedies**, discovered by Harley Street Doctor, Edward Bach, in the 1930s. Both work with the same principle of flooding the body's energy pathways with positive vibrational energy, restoring the body's own innate healing abilities back to balance, harmony and wellbeing.

You may be familiar with Rescue Remedy, made up of 5 flower remedies. There are 38 Bach remedies in total that heal by concentrating exclusively on treating the patient as a whole, their unhappiness and physical distress is alleviated naturally as the healing potential in their bodies unblock and work once more. Continuous Negative Thoughts and Feelings (NTF) over time collect and stagnate within various locations in the body, causing energy blocks where Ki, (life force) weakens, and where subsequently dis-ease or dis-comfort occurs. Even western doctors state that as much as 98% of illness is stress related, which is rooted in emotional and mental dis-ease. Reiki goes to the root of the problem; to where the NTF blockages are present within the body and clear the blockages, restoring physical and emotional balance. Reiki promotes deep relaxation and wellbeing, relief of stress and anxiety, increased rate of recovery from injury, pain relief, energy and balance, strengthening of the immune system, ease of muscle tension, increase in awareness and creativity, adaptability to deal with day to day situations.

To learn more about how these therapies may be able to help you, and to book: call 07766090159 or email: carmenwellness.info@gmail.com



Carmen Di Trana ITEC, SNHS, ICHM (Reiki Evol) – Aromatherapy Massage; Indian Head Massage; Bach Flower Remedies; Reiki I, II, Equine and Animal Reiki; Aura & Energy Clearing, Meridian Psychotherapy. Treatments administered adhering to Covid 19 regulations and safety procedures. Bach Flower Remedies do not necessitate 1:1 contact and can be prepared following telephone/skype consultations.

The above therapies are safe to practice in conjunction with prescribed medication but are not intended as a substitute and therefore should not replace medication prescribed by your Doctor or health practitioner.

CHRISTMAS CROSSWORD



Christmas Crossword



ACROSS

1. Pumpkin or mincemeat
3. Santa's ride
6. Celebration
8. Newborn
9. Northpole crew
13. Word of praise
14. Words on a Christmas card
17. It's opened on Christsms

DOWN

1. Alternative word to 17 across
2. Christmas drink
4. Christmas dinner centerpiece
5. Dec. holiday
7. Christmas warmer
8. "Jingle _____"
10. Christmas tree
11. O. Henry's "The Gift of the ___"
12. What carolers do
15. French Christmas.
16. Snow glider



Copyright © Kim Steele - Puzzles to Print

ADVERTISEMENTS

NASEBY VILLAGE STORE

We warmly welcome you all to the bigger, brighter and better Naseby village store! The store has been newly refurbished and now provides everything you'd need without you having to travel far. We've stocked everything to make your life easier. We match the prices of the big superstores which is even more convenient for you. All we need from you, is to support the local suppliers who provide us the goods that we have to offer. By supporting them, you support us too.

Thank you!



ADVERTISEMENTS

NORTHAMPTONSHIRE
— SCHOOL OF —
DANCE



Beautiful new studios in Naseby

Professional tuition in Dance, Pilates and Yoga

Everyone welcome - all ages and abilities

For more information please visit us:

www.northamptonshiredance.co.uk and

www.pilatesbynatalie.co.uk

or ask about a Taster Class at

admin@northamptonshiredance.co.uk / 07894 593397